



POWER HOUSE

Toastmasters District 9 Newsletter

Publisher: Kathy Hansen, DTM; Editor: Maria McDonald McNamar, DTM

March 2017

Volume 1, Issue 4



Spring Renew Time is Here!

Clubs remember that to stay in good standing, all clubs must have a **minimum of 8** members renewed **BEFORE April 1!**

Registration for Spring Conference

Article by Victoria Chadderton, Conference Chair

District 9 Catch the Wave! On behalf of the Spring Conference committee I want to invite you to the upcoming Spring Conference in Wenatchee. Come join the fun. The deadline to book your room at the **Red Lion Hotel—Wenatchee** is April 19. Go to the following link to [Register for the conference.](#)



ALL TOASTMASTERS are welcome to attend!!!

We look forward to seeing you all there! More information about the speakers in this newsletter.

Area and Division Speech Contests

Do you want to hear good speeches? Come support the Area and Division Toastmasters International Speech Contest and Evaluation Contests. Contact your Directors if you'd like to volunteer as a target speaker, judge, timer, volunteer. The directors will greatly appreciate your help!

Division A: Victoria Chadderton 509-885-3507
April 8 Surefiresuccess@hotmail.com



Division B: Ed Keeney 509-366-4912
May 6 keeneagle@frontier.com



Division C: Laura Hepler 509-294-9736
April 22 Lifesong1@hughes.net



Division D: Pam Murray 509-525-5436
April 29 Zpam@charter.net



Division E: Allen Hanson 208-570-5016
May 9 allenohanson@gmail.com



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UPCOMING EVENTS

March

Talk Up Toastmasters ends 31

April

Areas D1/D2 Contest s	Apr .1
Area E2 Contests	Apr. 1
Areas C2/C3 Contests	Apr. 8
Div. A Contests	Apr. 8
Div. B Contests	May 6
Div. C Contests	Apr. 22
Div. D Contests	Apr. 29
Div. E Contests	May 6

May

Beat the Clock Begins 1

Spring Conference 19 - 21

Red Lion Hotel - Wenatchee, WA

[Click here to register](#)

August 23 - 26, 2017

International Convention

Vancouver BC Canada

Every Toastmasters Member Deserves to Belong to a Distinguished Club

By District Director Kathy Hansen, DTM



Why should clubs care about Distinguished status? Because it's all about club quality. Clubs that are doing everything they should to achieve quality – adding members regularly, training officers, earning education awards – will likely end up Distinguished or better even if that's not the club goal.

And why do our members deserve this level of quality, whether their clubs are striving for Distinguished status or not? Because our members are paying for a specific program, outlined in our manuals and supported by 92 years of tradition, success, and growth. Is it fair to deprive members of education awards because your club doesn't encourage manual speeches? Is it fair for members to constantly take multiple meeting roles because your club isn't interested in growth? Is it smart to discourage guests from becoming members by having meetings so tiny and disorganized that the club doesn't seem like a pleasant place to be?

At this writing, 17 of our clubs are extremely well positioned for Distinguished or better status, with another 10 also having a good chance to achieve Distinguished. Wouldn't it be wonderful to meet or **exceed the 29 Distinguished clubs** we had in 2015-2016? For the clubs that are working hard toward Distinguished, please accept my thanks and the appreciation of all of the District leadership on your club's excellence performance to date.

Those clubs that aren't quite there will probably find charter-strength membership of 20 the toughest nut to crack, and may benefit from the list of tips below:

Tips to Build Membership

- **Renewals:** Since you may lose members during the current renewal period look at ways to **ensure you attain charter strength** after April 1.
- **Be sure your treasurer submits dues on time** to Toastmasters International, especially since contestants can be affected by late submissions.
- **Plan at least 1 guest-attracting event** between now and early May: Open House, Speechcraft, Communication Workshop, Leadership Workshop, etc.
- **Plan a membership-building strategy for Beat the Clock**, May 1 to June 30.
- **Ask for resources:** The District has plentiful marketing materials and a limited ad budget. Just ask.

The other sticking point for clubs seeking Distinguished status is education awards; here are some tips for those:

Tips for Education Awards

- Encourage your members to continue earning education awards
- Encourage your VPE to keep submitting them and to consider prioritizing scheduling speakers close to completing an award.
- Give award winners plenty of recognition.

Thank you for all you do to generate club quality, and please reach out to me if I can assist in any way, including a visit to your club. My email is DD_kathy@tmd9.club.



Preparing the Spring Conference Banners, Proxies, & Baskets, Oh my!

- ◆ Don't forget to bring your **club banner** to hang at the conference.
- ◆ We'd love for each club to provide a **silent auction basket**. Contact: [Victoria Chadderton](mailto:Victoria.Chadderton@surefiresuccess.com) (Surefiresuccess@hotmail.com) for more info.
- ◆ Either the club president or the club vice president education may designate, in writing, any active member in good standing of the club **to act as a proxy or proxies** and cast one or both of the club's ballots at the district council meeting.

[Click here](http://www.tmd9.org/proxy.html) or go to: <http://www.tmd9.org/proxy.html>



Candidates for D9 Officer Roles, 2017-18

The District 9 Leadership Committee (also known as Nominating Committee), led by Chair PDG Adrian DaSilva, considered potential candidates for the 2017-2018 District 9 leadership positions of District Director, Program Quality Director and Club Growth Director, as well as for the five Division Director positions for the proposed 2017-2018 alignment.

Below is the slate of officers for the Spring Conference:

District Director: Jennifer Zerba, DTM

Program Quality Director: Christine Meyer, DTM

Club Growth Director: Maria McDonald McNamar, DTM

Division A: Victoria Chadderton, ACB, ALB

Division B: Sri Nikhil Gupta Gourisetti, ACG, ALB

Division C: Dwayne Normandeau, ACB

Division D: Tina Hull, CC, ALB

Division E: Rick Aguilar, ACB, ALB



Zerba



Meyer



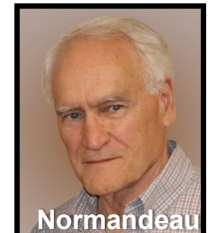
McNamar



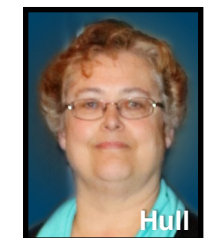
Chadderton



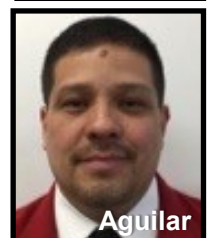
Gourisetti



Normandeau



Hull



Aguilar

District Lessons of Leadership

By District Director Kathy Hansen, DTM

Leadership is hard. A few months ago, while I was on vacation, I participated in what has come to be known as “*The Worst Conference Call in History*.” Worse, I played a major role in how terrible it was. I was frustrated and took it out on meeting participants.

I make this public because it's a valuable lesson. The positive thing about a leadership journey is that we learn and grow from our mistakes. In fact, if we didn't make mistakes, we probably wouldn't grow. Still, I deeply regret this one.

Here's what I learned from this dreadful meeting:

- **Always have an agenda and distribute it as far in advance as possible.** Our Toastmasters club meetings depend on agendas to keep from running off the rails. The same is true of any meeting we conduct as an organization. Agendas enable meetings to be kept to their allotted times. They ensure order. Ideally, they allow for all participants to have a voice. Announce at the beginning of the meeting that participants are expected to stick to the agenda.



got purpose?

- **Be sure participants understand the purpose of the meeting.** The meeting in question was about strategizing, but several participants treated it as an information-sharing session.
- **If the meeting depends on all participants being up to speed on the topics discussed, distribute information BEFORE the meeting for participants to review, digest, and react to.** The horrific meeting in question derailed, in part, because various people felt they needed to share information before we could even get into the agenda. If that information had been shared, say, by email, before the meeting, we could have done a better job of sticking to the agenda.
- **Limit participants to those who understand the issue being discussed so you don't waste valuable time bringing people up to speed.** Be sure everyone knows who has been invited to the meeting and what their knowledge needs are.
- **If you're angry and frustrated, consider muting yourself, keeping quiet, or even skipping the meeting.** This one is mostly addressed to myself, but it could happen to anyone. Above all, don't let your frustration turn you into a snippy shrew toward your colleagues.
- **If you mess up, take ownership.** I apologized to the people I hurt in this meeting and for how poorly the meeting was planned and executed. I don't know if they will ever trust and respect me again the way they did before, but I know that as the top dog in the district, the buck stops here. I will never hesitate to take responsibility for my mistakes, and if I've made any without realizing it, please call me out on them.



Jennifer Henage's Family to Accept Posthumous DTM for the Late, Beloved Toastmaster



Through the tireless efforts of Jennifer Henage's best friend, Amy Mayer, Jennifer has been awarded a Distinguished Toastmaster designation posthumously. Jennifer's mother, Linda Duffield, and other family members will attend the DTM ceremony at the Spring Conference in Wenatchee to accept her medal.

Jennifer died unexpectedly of natural causes on Dec. 29, 2016, at Kootenai Health in Coeur d'Alene. Born Feb. 1, 1967, in Provo, UT, Jennifer graduated from the University of Idaho with a Bachelor of Arts degree in German and political science. She worked for 24 years at North Idaho College, where, according to the **Coeur d'Alene Press** (from which this article is adapted), the North Idaho College (NIC) staff described her as "a tireless promoter of student success."

Jennifer was an active member of **Coeur d'Alene Toastmasters** and **Liberty Lakers**, where she held many leadership roles at several levels, some with repeated tenure to help keep clubs active. She loved the process of speaking, and helping others to achieve a quality learning experience. She was a consistent winner of Toastmaster competitions, excelling in Humorous Speech category, implicating many family and friends in her form of levity.

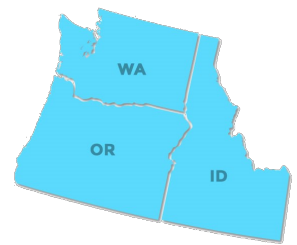
The family asks that Jennifer's friends and colleagues consider making a tax-deductible donation to:

"Jennifer Henage Memorial Scholarship"

via the NIC Foundation
1000 W. Garden Ave.,
Coeur d'Alene, ID 83814

or online at www.nic.edu/foundation.

District Council to Vote on District Alignment at Spring Conference



The 2017-2018 Alignment Committee, headed by Tina Hull, took just two meetings to develop a proposed District Alignment, which the District Council, consisting of all club Presidents and Vice Presidents of Education, as well as Area Directors, Division Directors, and other district leaders, will vote on at the Spring Conference at the **Red Lion Hotel** in Wenatchee, WA, on May 20.

The alignment – which details how clubs will fall into their respective areas and divisions – will be much the same as the 2016-2017 alignment for Divisions A, B, and C. Division D and E will undergo changes.

Division D will go back to the primarily Idaho-club mix of previous years, while Division E will comprise the Walla Walla and Oregon clubs.

Members can download and review the proposed [alignment here](#). Please note that the addition of new clubs may precipitate slight tweaking of the **alignment; members** will be notified of such tweaks.

Please direct comments to District Director Kathy Hansen at DD_kathy@tmd9.club.



Contact & Contest Info

Jennifer Zerba, DTM

Division Speech Contests:

International Speech Contests and Evaluations will be:

Division A: 9:30am April 8, 2017
Yakima Regional Medical & Cardia Center
 Murphy Auditorium
 110 S 9th Ave, Yakima, WA
 For more info. contact **Victoria Chadderton**
 Surefiresuccess@hotmail.com 509-885-3507



Division B: 10:00am May 6, 2017
Richland Baptist Church
 1632 George Washington Way
 Richland, WA
 For more Info, contact **Ed Keeney**

keeneagle@frontier.com

509-366-4912

Division C: 10:30am April 22, 2017
Shadle Park Library
 2111 W Wellesley Ave
 Spokane, WA
 For more info, contact **Laura Hepler**

lifesong1@hughes.net

509-294-9736

Division D: 10:00am April 29, 2017
St. Paul's Episcopal Church
 323 Catherine St.
 Walla Walla, WA
 For more info, contact **Pam Murray**

Zpam@charter.net

509-525-5436

Division E: Time: TBD May 6, 2017
Exact location, TBD
 Spokane Valley, WA
 For more info, contact **Allen Hanson**

allenohanson@gmail.com

208-570-5016

For the Area Contests, contact the Area Directors:

A1: Eric Stepper erics@oneonta.com
A2: Gini Vandersluis rsirduff@embarqmail.com
A3: Ceitlyn Connal Ceitlyn@tcuc.us
A4: Sheldon Townsend sheldon@sevantownsend.com

D1: Elizabeth Russell elizabeth_russell@selinc.com
D2: Patti Mann Patti.Mann@VistaOutdoor.com
D3: Tom Brown tomcat1227@gmail.com

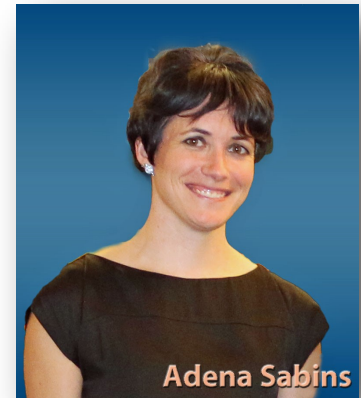
B1: Ed Keeney keeneagle@frontier.com
B2: Sri Nikhil Gupta Gourisetti srinikhil.gourisetti@pnnl.gov
B3: Anne Schur anneschur@hotmail.com
B4: Rick Aguilar rickaguilar4@icloud.com

E1: Larry Stephenson larryd50@comcast.net
E2: Dennis Moore djmoore611@gmail.com
E3: Dave Moore realtime@earthlink.net

C1: Pam Beasley pam.beasley12@yahoo.com
C2: Charlie Howell cbggoldie@comcast.net
C3: Dwayne Normandeau denormancpa@qwestoffice.net
C4: Cody Dickinson johan.stallman@gmail.com

Meet Adena Sabins

D9's Website Guru



By Christine Meyer, DTM

The first time I met **Adena Sabins** was at a speech contest. She's one of those people who has the kind of life that has lots of fodder for speeches. She talked about her difficult childhood and how she overcame it with grace, humor, and wit. She won that contest, and for good reason. I always marvel at what I learn about my fellow Toastmasters as they give their speeches at my home club and even in speech contests. I also admire Toastmasters who can be honest and real about their lives, demonstrating vulnerability and inspiration at the same time. Adena is one of those Toastmasters, and she's one of the most inspirational speakers in our district.

I'm proud to introduce Adena to the rest of District 9, those who perhaps haven't had the pleasure of hearing her give speeches at her home club, **Colville Toastmasters**, or at speech contests. I and the rest of the Trio have selected her as District 9's "Webpage Guru." Her duties include helping clubs improve their websites, since having high-quality and accurate websites is the best way to promote clubs and attract new members. She has already contacted and worked with several clubs in our district, and is ready to work with more.

Adena is the best person we could've chosen as our Webpage Guru. In addition to being a dedicated Toastmaster, she works for the **Stevens County WSU Extension office**, as Coordinator of its **Master Gardener** program. She teaches research-based gardening classes to help people become Master Gardeners, and how to use analytics and social-media marketing techniques to sell their produce in their own communities. She knows all about using social-media and the internet as PR tools, and is poised to teach her fellow Toastmasters how to do the same.

When I asked what brought her to Toastmasters, she told me, "I joined Toastmasters to make personal connections with others." She chose to compete in speech contests for the same reason. *"It gets you out of the safety of your own club and helps you to meet and learn from Toastmasters from other parts of the district, and to hear their story."*



That's ultimately why she put herself forward as D9's Webpage Guru—to help her fellow Toastmasters have more effective clubs and to make new friends.

If your club has already been contacted by Adena, lucky you! If your club needs assistance in improving its website, expect to be contacted by her soon. You can reach her at asabins@wsu.edu.

I'm sure that you and your club learn lots from her, and benefit from getting to know her, as I have.

Spring Conference TI Talks

Educational sessions speakers at the Spring Conference will be doing **Ted Style** talks. They are listed below.



WHERE LEADERS ARE MADE



Ed Keeney, DTM¹¹
*Good Leaders
Practice Servant
Leader*

The role of a leader is to lead their people by getting them to do a job or task. There are two ways they can do this: by power or by influence. Both methods are effective when used appropriately, but when the leader overuses their power, they will eventually lose their position as a leader. To influence people, you must have some type of authority.

Distinguished Toastmaster Ed Keeney will share some High Performance Leadership concepts that, if properly applied, will assist each of you in becoming a more effective leader as you complete your own High Performance Leadership project.



Lloyd Smith, DTM
*Get Serious about
Humor!*

Do you wish you could help combat the terrible humor shortage afflicting the world, but you don't think you're clever or funny? Not a problem!

Join four-time District 9 Humorous Speech contest champion Lloyd Smith for a lively—and humorous—session that will equip you with the tools you need to get serious about using humor in your speeches and presentations.



Dana Morgan Barnes, DTM
*Communication
Style: Why It
Matters to You!*

In this interactive session, speaker, life coach, keynote, trainer, and author Dana Morgan Barnes will lead participants in discussing the importance of knowing their own communication style and knowing the style of the people they work and volunteer with.

The presentation includes a 5-minute communication-style test, followed by role-playing situations, choosing participants from the group to demonstrate the different styles.



Natalie Palmer, DTM
*The Heart of the
Matter:
Navigating Conflict
with Compassion and
Grace*

When it comes to conflict, are you the dog or the lion? This session is designed for anyone who has ever had a conflict, known someone who dealt with conflict, dislikes conflict, or has ever had to work with people.

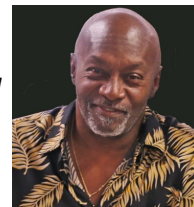
Discover why conflict isn't a bad thing, strategies for dealing with conflict, and tips for navigating conflict with compassion and grace.



Pam Beasley, DTM
*Your Own Personal
'Moment(s) of
Truth'*

Working in healthcare, Pam has often noticed how many of us can be so very uncomfortable with others when there is a noticeable physical difference, and especially anything we might perceive as a disability.

With the help of a famous author and some common-sense easy-to-apply advice, Pam hopes to take away the discomfort on the personal level and in the process give some hints as to how we can make our club meetings work better for more people, too.



RL Mitchell, DTM
*What Does
Successful
Leadership Look
Like?*

No matter where you are in the sweep of life, success is fixed to your commitment and willpower to remain committed to the task at hand. It is a matter of choices made to extend "the self" into others' lives with a certain sense of dissatisfaction that lead into higher possibilities.

Triumph comes only through the will to remain true to callow leadership to reap the harvest of seeds sown in earlier times. Such leadership requires drive, compulsion, and obligation to go out on the limb.

Mitchell will employ his personal testimony to enliven and broaden the subject.

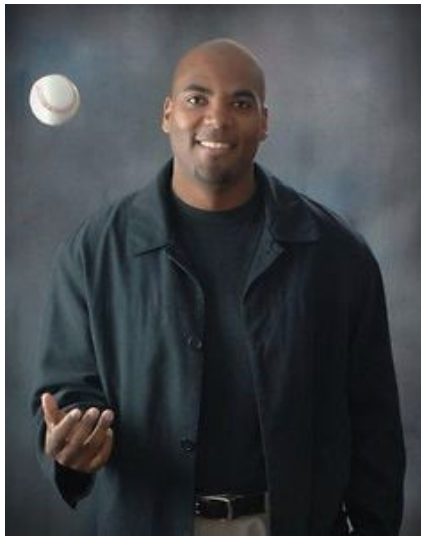


Toastmasters District 9 Spring Conference

May 19 – 21, 2017
Wenatchee, WA



WHERE LEADERS ARE MADE



Proudly presenting our Keynote Speaker

Byron Embry

- ◆ Inspiring audiences to overcome their personal and professional barriers
- ◆ 2009 International Speech Contest Top Ten Finalist
- ◆ Former Pro Baseball Pitcher

Conference Highlights

- ◆ Networking opportunities throughout the weekend with fellow District 9 Toastmasters
- ◆ Inspirational, educational keynote and “TI Talks” sessions
- ◆ International Speech Contest
- ◆ Evaluation Speech Contest
- ◆ 2017-18 District, Division Officer Elections
- ◆ Friday evening fun and festivities

Registration

<http://www.tmd9.org/Conference.html>

Early Bird Package UNTIL May 7: \$105*

Full Package AFTER May 7: \$115*

*Meal choices not guaranteed after May 15.



Hotel Information

Red Lion Hotel (509) 663-0711

1225 N Wenatchee Ave, Wenatchee

Ask for the Toastmasters Room Rate (\$109/night) Rates are good until April 19.